

# DELVING INTO THE PSALMS

## PSALM 7



**150 Hebrew Poems**

DAVID (73)    HEMAN & ETHAN (2)  
 ASAPH (12)    SOLOMON & MOSES (3)  
 SONS OF KORAH (11)    ANONYMOUS (49)

MANY WRITTEN FOR CHOIR...  
 ...BUT NOT A HYMNBOOK

(SEE 1 CHRONICLES 25  
 & NEHEMIAH 11:22-23)

BOOK OF PSALMS

# PSALMS

Torah & Messiah    Lament & Praise    Faith & Hope

**PRAISE**

- PRAYERS OF JOY & CELEBRATION
- DRAW ATTENTION TO WHAT'S GOOD IN THE WORLD
- RETELL THE STORY & THANK GOD

GIVE THANKS TO THE LORD, FOR HE IS GOOD

**LAMENT**

- PRAYERS OF PAIN, CONFUSION, & ANGER
- DRAW ATTENTION TO WHAT'S WRONG IN THE WORLD
- ASK GOD TO DO SOMETHING

HOW LONG, O LORD?

**LAMENT & PRAISE**

**BOOK 1**

3-41

1 BLESSED IS THE ONE WHO MEDITATES ON THE TORAH  
 PSALMS = A NEW TORAH ABOUT PRAYER

2 POETIC REFLECTION ON 2 SAMUEL 7  
 MESSIANIC KING  
 BLESSED ARE THOSE WHO TAKE REFUGE IN THE KING

15 CALL TO COVENANT FAITHFULNESS

16-18 DAVID'S PAST DELIVERANCE AND ELEVATION AS KING  
 PSALM 19 TORAH

20-23 FUTURE KING'S DELIVERANCE AND KINGDOM OVER THE NATIONS

24 CALL TO COVENANT FAITHFULNESS

THE NATIONS

41:13

**BOOK 2**

42-72

42-43 HOPE FOR A FUTURE RETURN TO THE TEMPLE IN ZION

72 FUTURE REIGN OF THE MESSIANIC KING  
 ECHOES THE PROPHETS: ISAIAH 11, 45, & 60  
 ZECHARIAH 9  
 FULFILLMENT OF GOD'S PROMISE TO ABRAHAM (PS 72:17 = GEN 12:3 & 22:17)  
 72:18-19

**BOOK 3**

73-89

PROMISE OF A MESSIANIC KINGDOM  
 VERSUS  
 EXILE & DOWNFALL OF DAVID'S KINGDOM

89:52

**BOOK 4**

90-106

90 MOSES  
 HAVE MERCY ON YOUR SERVANTS!

93-99 THE LORD REIGNS AS KING  
 "LET THE TREES CLAP, LET THE MOUNTAINS & RIVERS SING"

106:48

**BOOK 5**

107-145

107-110 THE MESSIANIC KING  
 DEFEATS EVIL & BRINGS GOD'S KINGDOM

113-118 THE HALLEL

118 MESSIANIC KINGDOM

SUSTAIN HOPE IN A FUTURE EXODUS WHEN GOD REDEEMS HIS PEOPLE

120-136 THE SONGS OF ASCENTS

132 MESSIANIC KINGDOM

PSALM 119 TORAH

"GOD HAS RAISED UP A HORN FOR HIS PEOPLE" (118:11)

SEE 1 SAM 2:10 & PS 132:17

HALLELU-YAH 146  
 HALLELU-YAH 147  
 HALLELU-YAH 148  
 HALLELU-YAH 149  
 HALLELU-YAH 150

HALLELU-YAH PRAISE + YAHWEH

MAY THE LORD GOD OF ISRAEL BE BLESSED FOREVER, AMEN AND AMEN





# **DELVING INTO THE PSALMS**

**The Psalms: a collection of ancient Hebrew poems, songs and prayers by various writers compiled by the people of Israel some time after their exile in Babylon**

**Deliberately and cleverly collated into five different yet overlapping sections and themes**

**Served as a form of temple worship for the temple-less people God**



41:13

(PS 72:17 = GEN 12:3 & 22:17)

72:18-19

89:52

106:48

MAY THE LORD GOD OF ISRAEL BE BLESSED FOREVER, AMEN AND AMEN





Definitions

Summary

Synonyms



# delve



in British English

(dɛlv  )

**verb** (*mainly intr; often foll by in or into*)

1. to inquire or research deeply or intensively  
(for information, etc)

*he delved in the Bible for quotations*

2. to search or rummage (in a drawer, the pockets, etc)



**1 Lord my God, I take refuge in  
you; save and deliver me from  
all who pursue me,  
2 or they will tear me apart like  
a lion and rip me to pieces with  
no one to rescue me.**



**3 Lord my God, if I have done this  
and there is guilt on my hand—  
4 if I have repaid my ally with evil  
or without cause have robbed  
my foe—**



**5 then let my enemy pursue and  
overtake me; let him trample my  
life to the ground and make me  
sleep in the dust.**

**6 Arise, Lord, in your anger; rise up  
against the rage of my enemies.  
Awake, my God; decree justice.**



**7 Let the assembled peoples  
gather around you, while you sit  
enthroned over them on high.**

**8 Let the Lord judge the peoples.  
Vindicate me, Lord, according to  
my righteousness, according to my  
integrity, O Most High.**



**9 Bring to an end the violence of  
the wicked and make the righteous  
secure—you, the righteous God  
who probes minds and hearts.  
10 My shield is God Most High,  
who saves the upright in heart.**



**11 God is a righteous judge, a  
God who displays his wrath  
every day.**

**12 If he does not relent, he will  
sharpen his sword; he will  
bend and string his bow.**



**13 He has prepared his deadly weapons; he makes ready his flaming arrows.**

**14 Whoever is pregnant with evil conceives trouble and gives birth to disillusionment.**



**15 Whoever digs a hole and  
scoops it out falls into the pit  
they have made.**

**16 The trouble they cause recoils  
on them; their violence comes  
down on their own heads.**



**17 I will give thanks to the Lord  
because of his righteousness;  
I will sing the praises of the  
name of the Lord Most High.**



IN ANGUISH CALL UPON **THE LORD**, YOU MUST

REMINDE YOURSELF **THE LORD** IS ALWAYS JUST

SING PRAISES TO **THE LORD** IN WHOM YOU TRUST



**A shiggaion of David, which he  
sang to the Lord concerning  
Cush, a Benjamite.**



# **WHAT IS A SHIGGAION?**

**Nobody actually knows!**

**‘Probably a literary or musical term’ (NIV notes)**

**‘With feeling’ (90s Christian Songbooks)**



# ***Shiggaion***

***From the verb shagah, "to reel about through drink," occurs in the title of Psalms 7 . The plural form, shigionoth, is found in Habakkuk 3:1 . The word denotes a lyrical poem composed under strong mental emotion; a song of impassioned imagination accompanied with suitable music; a dithyrambic ode.***



# **' CONCERNING CUSH '**

**The scenario referred to in the title does not clearly link to another biblical story**

**We know David faced opposition and false accusation - especially from Saul and his allies**

**Cush, a Benjaminite (like Saul), was causing great anguish to David - seemingly unfairly**



**HOW DO WE REACT WHEN LIFE IS UNFAIR?**



# **WHEN THE GOING GETS TOUGH**

**Fight or flight?**

**Self medication?**

**Distraction?**

**Despair?**

**Pressure doesn't necessarily develop character but  
will nearly always reveal it!**







**WHO ARE YOU WHEN THE PRESSURE IS ON?**



# **TURN YOUR EYES...**

**David decided to take refuge in, and call upon the name of, The Lord**

**We don't know if this was his immediate reflex action or a more considered response that took time to establish**

**We know in his anguish He called upon the Lord**



**WHO DO YOU LOOK TO IN TIMES OF DIFFICULTY?**



# **IN LAWS**

**Society trusts in parliament as the lawmakers and law enforcers**

**We hope that perpetrators face the consequences for their wrongdoing**

**Even the very best of human efforts to create or carry out the letter of the law are flawed**



**7 Some trust in chariots and  
some in horses,  
but we trust in the name of  
the Lord our God.**



# **CHRIST SHAPED ATTITUDE**

**We must look at this through Christ shaped lenses  
and consider what this looks like in His light**

**Christ tells us to love our enemies and to pray for  
those who persecute us**

**So will the wicked be punished?**



**WE CAN KNOW THAT IN THE BIGGER, ETERNAL  
PICTURE, GOD IS THE JUDGE AND HIS PERFECT  
JUSTICE WILL BE ENFORCED**



**7 To those who by persistence in doing good seek glory, honor and immortality, he will give eternal life. 8 But for those who are self-seeking and who reject the truth and follow evil, there will be wrath and anger.**



**GIVING ONESELF THE TITLE OF CHRISTIAN, OR BEING  
GIVEN A CHURCH ROLE OR POSITION, DOES NOT GIVE  
AUTOMATIC IMMUNITY FROM BEING SELF-SEEKING  
OR FOLLOWING EVIL**



**16 This will take place on the day when God judges people's secrets through Jesus Christ, as my gospel declares.**



# **GOD IS JUST**

**There will be perfect judgment passed for us all by the perfect judge**

**Jesus has the authority to pass eternal judgement for the wicked and forgiveness for the repentant**

**Any sense of injustice we may experience in this life will be made right in Him**



***This (verse 8) reveals more of the heart of David's prayer. More than anything, he prayed for God to be just. David did not pray for special favoritism with God; he prayed for God to be just, and he searched his own heart to help put him right before God.***



**21 For just as the Father raises the dead and gives them life, even so the Son gives life to whom he is pleased to give it. 22 Moreover, the Father judges no one, but has entrusted all judgment to the Son,**



**MAKING A PROFESSION OF FAITH IN CHRIST IS NOT  
THE END OF THE STORY - LIVING FOR THE LORD IS  
EVIDENCED IN 'DOING GOOD' - A CHRIST-LIKE LIFE**



**21 God made him who had no sin to be sin for us, so that in him we might become the righteousness of God.**



**KING DAVID, A SINNER, PLEADED HIS INNOCENCE,**

**CHRIST JESUS, THE SINLESS, BECAME SIN FOR US**



# PSALM 7

**Psalm 7 shows us where to turn when life is tough and unfair**

**Psalm 7 reminds us that we can trust entirely in the eternal justice of God revealed in Christ**

**Psalm 7 is a song of anguish, a prayer for justice and a hymn of praise to the Name above all Names**



***Even this sorest of evils may furnish occasion for a Psalm. What a blessing it would be if we could turn even the most disastrous event into a theme for song, and so turn the tables upon our great enemy.***



**BECAUSE OF THE MERCY OF GOD GIVEN TO US IN THE  
RIGHTEOUSNESS OF CHRIST WE CAN MAKE THE BOLD  
CLAIM THAT WE ARE INNOCENT AND FREE IN HIM -  
WE HAVE EVEN MORE REVELATION AND REASON FOR  
PRAISE THAN DAVID WHEN HE WROTE THIS PSALM**



**17 I will give thanks to the Lord  
because of his righteousness;  
I will sing the praises of the  
name of the Lord Most High.**



**WE NOW KNOW THIS NAME TO BE THE BEAUTIFUL,  
WONDERFUL, POWERFUL NAME OF YESHUA / IESU /  
JESUS**